

# 2 0 0 9 ATAXIAN ATHLETE INITIATIVE



## Dear Ataxian Athlete:

Thank you for your interest in the Ataxian Athlete initiative presented by Ride Ataxia. Part of the mission of Ride Ataxia is to **"EMPOWER** Ataxians by inspiring, motivating and providing opportunities to develop physical and mental strength." The ataxian Athlete Initiative strives to accomplish this mission.

Through the 2009 Ataxian Athlete Initiative, Ride Ataxia will fund the purchase of a Terra Trike Cruiser (<http://www.terratrike.com/cruiser.php>) to be given to an aspiring Ataxian Athlete so that he or she may start a personal Ride Ataxia Adventure.

To apply for the Ataxian Athlete Initiative individuals will tell their story by filling out a simple application and writing a summary about their experiences with Ataxia. The application is available to Ataxians worldwide. Individuals must have been diagnosed with some form of ataxia to qualify.

The applications will be reviewed by a panel of Disabled Athletes, Ataxians and others in the ataxia community. The recipient will be notified by March 1, 2009. The recipient will be announced and the trike presented at the National Ataxia Foundation Annual Membership Meeting in Seattle, WA on March 20, 2009.\*

Please review the information below as it provides specifics about the items to be submitted with your application.

I hope to hear from you soon,

**Kyle Bryant { Founder, Ride Ataxia }**

*\* Attendance at the 2009 NAF Annual Meeting is highly recommended but will not be considered when determining recipient.*

## COMPLETE APPLICATION PACKAGES MUST INCLUDE:

- **Complete Application** with general information and diagnosis
- **Reference Letters:** Include two letters of reference along with phone numbers
  - One letter must come from a physician verifying your ataxia diagnosis.
  - One letter must be from a fellow athlete, peer, physical therapist, family member, teacher or coach.
- **Your biography or story.** 1-2 pages telling how ataxia has affected your life. Suggested topics include but are not limited to:
  - The Story of your diagnosis
  - How does Ataxia affect your every day life? How are your activities modified? How have you adapted to overcome these obstacles.
  - What are your fitness goals? How will a trike help you to reach your fitness goals? How will you use your trike to inspire fellow Ataxians to reach their fitness goals?
  - How will you use your trike to raise awareness for Ataxia.
  - Describe your involvement in the Ataxia Community.
- **A photo of yourself.**
- **Any supporting material** that represents you as an advocate for ataxia awareness.

## Ride Ataxia considers the following criteria when evaluating each application:

- Diagnosis - Applicants must have been diagnosed with some form of Ataxia to qualify.
- Drive of applicant - How have you overcome obstacles in your life? What are your fitness goals? How will you use your trike to inspire fellow Ataxians to reach their fitness goals?
- Involvement in the Ataxia Community.
- Ataxia Awareness - How will you use your trike to raise Ataxia awareness?
- Effort of application

**A hard copy of your application package must be post marked by January 15, 2009. Fax or email versions will not be accepted. Please Mail your complete application to:**

Ride Ataxia  
5020 A Street  
Sacramento, CA 95819

**You will be notified by email to verify that we have received your application. If you do not receive an email by February 1, 2009 please contact [kyle@rideataxia.org](mailto:kyle@rideataxia.org).**

# 2009 ATAXIAN ATHLETE INITIATIVE



# APPLICATION

## APPLICANT GENERAL INFORMATION:

First: \_\_\_\_\_ Last: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Country: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Gender:    Male            Female

## DIAGNOSIS:

With what form of ataxia have you been diagnosed? (SCA1, SCA2, FA, unknown etc.)

- \_\_\_\_\_
- Ride Ataxia may use my application materials for promotional purposes.
  - Ride Ataxia may not use my application materials for promotional purposes.

## COMPLETE APPLICATION PACKAGES MUST INCLUDE:

1. General information and diagnosis (this page).
2. Reference Letters: Include two letters of reference along with phone numbers.
  - a. One letter must come from a physician verifying your ataxia diagnosis.
  - b. One letter must be from a fellow athlete, peer, physical therapist, family member, teacher or coach.
3. Your biography or story.
4. A photo of yourself.
5. Any supporting material that represents you as an advocate for ataxia awareness.